



Long Cool Woman

Musique : "Long Cool Woman" The Hollies
Chorégraphe : The Girls (Maureen & Michelle)
36 temps, en ligne, 2 murs
Niveau : débutant - intermédiaire
Source : Copper Knob

Intro: 32 counts after main rhythm (28 seconds)

HEEL GRIND-1/4 TURN, BACK, COASTER, SCUFF, STOMP, HOLD

- 1-2 Grind right heel forward making $\frac{1}{4}$ turn right, step left back
- 3&4 Step right back, step left beside right, step right forward
- 5-6 Step left forward, scuff right forward
- 7-8 Stomp right forward, hold

SIDE, CROSS, SIDE, CROSS SHUFFLE, SIDE ROCK, $\frac{1}{2}$ HINGE TURN, SCUFF

- &9-10 Step left beside right, step right across left, step left to left
- 11&12 Step right across left, step left to left, step right across left
- 13-14 Rock left to left, recover onto right
- 15-16 On ball of right make $\frac{1}{2}$ hinge turn left and step left to left, scuff right across left

JAZZ BOX, SIDE ROCK, CROSS SHUFFLE

- 17-18 Step right across left, step left back
- 19-20 Step right to right, step left across right
- 21-22 Rock right to right, recover onto left
- 23&24 Step right across left, step left to left, step right across left

HIP BUMPS WITH HOLD, $\frac{1}{4}$ SHUFFLE TURN, SHUFFLE

- 25-26 Step left to left & bump hips left, hold
- 27-28 Bump hips right, left
- 29&30 Shuffle $\frac{1}{4}$ turn right stepping right, left, right
- 31&32 Shuffle forward stepping left, right, left

$\frac{1}{2}$ PIVOT, KICK-BALL-CHANGE

- 33-34 Step right forward, pivot $\frac{1}{2}$ turn left
- 35-36 Kick right forward, step right beside left, step left forward